CITY OF BRYAN
Healthy Lifestyles

HEALTHY LIFESTYLES
Onsite Screenings

The City of Bryan's Healthy Lifestyle Program offers employees discounted health premiums for participating in an annual Health Risk Assessment and Biometric Screening.

On-site Screenings will be held:

Thursday, October 16th-MSC (6:30-8:30am)
Friday, October 17th-MSC (6:30-8:30am)
Tuesday, October 21st-MOB Basement (7:30-9:30am)
Wednesday, October 22nd– MOB Basement (7:30-9:30am)
Thursday, October 23rd– BTU Distribution (7-9am)

To schedule an on-site screening, contact Lesley Ward At 209-5050 or e-mail lward@bryantx.gov

If you would like to have your assessment completed through your physician or at the City of Bryan Employee Health Center (821-7690), please call them directly for an appointment.

What tests will be assessed?

Blood Pressure, Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Height and Weight

(Lab completed between July 1, 2014-November 7, 2014 will be accepted)

Questions? Please call Lesley Ward at 209-5050 or email lward@bryantx.gov.