



CITY OF BRYAN
Healthy Lifestyles

HEALTHY LIFESTYLES

Onsite Screenings

The City of Bryan's Healthy Lifestyle Program offers employees discounted health premiums for participating in an annual Health Risk Assessment and Biometric Screening.

On-site Screenings will be held:

Wednesday, October 16th-MSC (6:30-8:30am)
Thursday, October 17th-MSC (6:30-8:30am)
Tuesday, October 22nd-Justice Center (7-9am)
Wednesday, October 23rd- BTU Distribution (7-9am)
Thursday, October 24th-MOB Basement (7:30-9:30am)
Friday, October 25th- MOB Basement (7:30-9:30am)

If you would like to have your assessment completed through your physician or at the City of Bryan Employee Health Center (821-7690), please call them directly for an appointment.

What tests will be assessed?

Blood Pressure, Total Cholesterol, HDL, LDL, Triglycerides, Glucose,
Height and Weight

(Lab completed between July 1, 2013-November 4, 2013 will be accepted)

Questions? Please call Lesley Ward at 209-5050 or email
lward@bryantx.gov.